

Along streams, up hills, between trees.
Follow The Outdoor City Run Routes and
explore the greenest city on foot.

THE OUTDOOR CITY RUN ROUTES

Manor Fields Park – A path through history



Provided by:



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For more information on this and other
running routes:

www.theoutdoorcity.co.uk

#findyourpace



Uphill from the city centre, Manor Fields Park is steeped in history. The park is close to the Norfolk Heritage Trail, which takes in the ruins of 16th century Sheffield Manor Lodge – which once held Mary Queen of Scots prisoner – as well as City Road Cemetery, Norfolk Heritage Park, the Cholera Monument and more.

Centuries ago it formed part of the Lords of Hallamshire's deer park and in the 1800s was the site of three mine shafts, before giving way to allotments that contributed to the Dig for Victory effort during the second world war. It now backs onto the 20th century Manor Park estate, and is a surprisingly green, gently undulating space on the edge of central Sheffield.

This circular route is entirely on asphalt paths, making it suitable for wheelchairs and pushchairs, and has plenty of benches for rests along the way. Start at the site's City Road car park. Take the main path to the right and follow the waymarkers.

DISTANCE

1.6KM

DIFFICULTY

EASY

TERRAIN

All asphalt tracks

FACILITIES

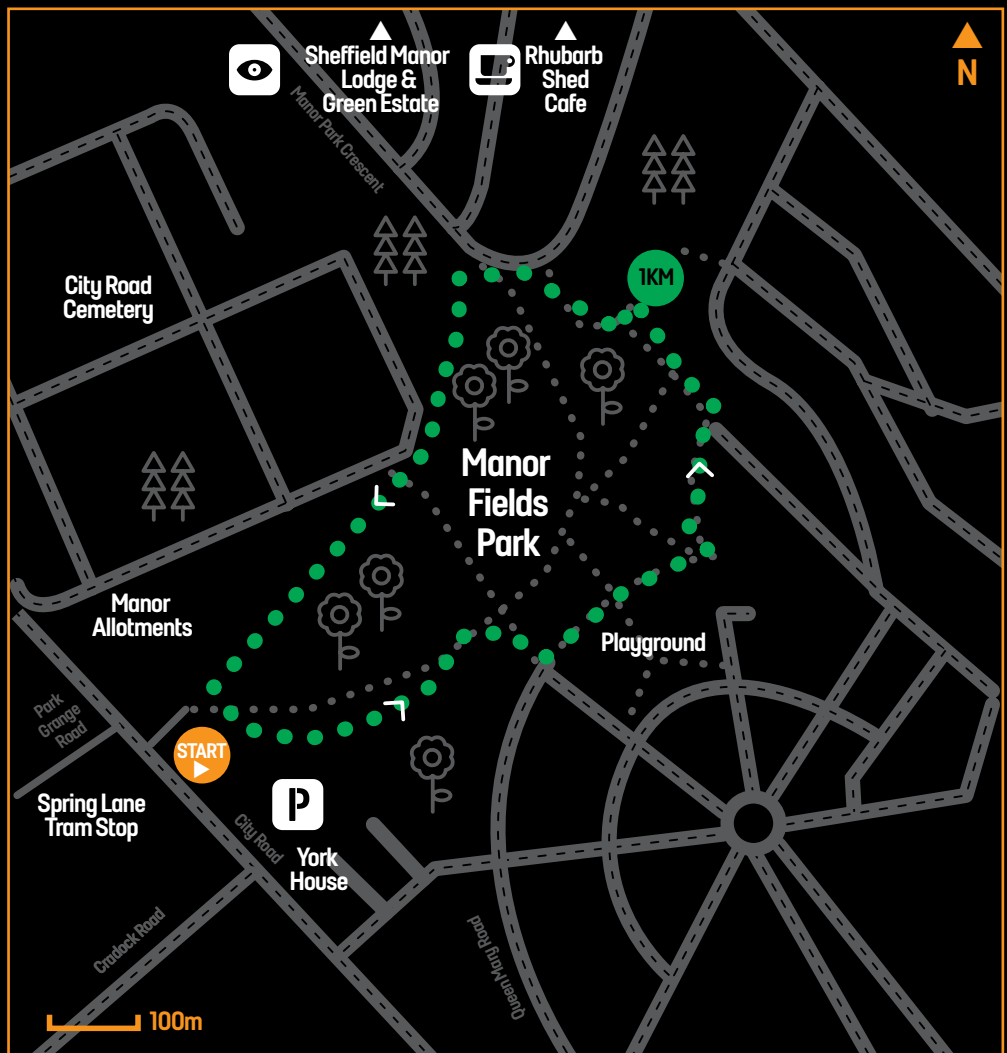


LOCATION

S2 1GF

GPX LINK

http://gb.mapometer.com/running/route_4235266.html



FIND YOUR PACE IN THE OUTDOOR CITY

Seven run routes are now signposted and mapped. Explore Sheffield by seeking The Outdoor City Run Routes we've marked in parks and woodland across the city. We've colour coded them so that whatever your pace you can choose trails that suit **Easy**, **Medium**, **Hard** and **Challenging**. You'll soon find that every route gives you a different experience whether you choose to walk or run – it's all about finding your pace.

Bradfield to Damflask 5KM 10KM

Concord & Woolley Wood 2.5KM 4KM

Ecclesall Wood 4KM

Graves Park 2.5KM 4KM

Lowfield 355m

Manor Fields Park 1.6KM

The Ponderosa & Crookes Valley 1KM 3KM

